# Massachusetts Behavioral Health Access (MABHA) User Guide

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## Introduction: What Can MABHA Help With?

Providers and individuals can use the MABHA website to find mental health and substance use disorder (SUD) treatment resources.

These are the types of services that you can search for:

- Youth and Family Services
- Substance Use Disorder Services
- Mental Health Services

There are some 24-hour level of care services that require a login to search. Logins are available only to providers and facilities.

## **Types of Searchable Services**

Each group of services has its own section on the website. In each section, you can find the description of the services and a link to the search page. These pages can be accessed in two different ways:

1. Click the name of the group in the top main menu on **any** page.



### OR

2. Click the "Service Description" link inside the group button in the home page.



## **Search Page**

The search page can be accessed in two different ways:

1. Click the "Find Provider Openings" link inside the service group button on the Home page.



### OR

- 2. Click the link "Find Openings" link at the top of each service group page.
  - a. From the **Youth and Family** page:



b. From the Substance Use Disorder page:

Massachusetts Behavioral Health Access (MABHA) administered by the Massachusetts Behavioral Health Partnership (MBHP) a Beacon Health Options Company									
Home	Youth and Family	Substance Use Disorder	Mental Health	Contact Us	Login				
EXPAND A		NGS			Select Language    Powered by Google Translate				

c. From the **Mental Health** page:

Massachusetts Behavioral Health Access (MABHA) administered by the Massachusetts Behavioral Health Partnership (MBHP) a Beacon Health Options Company								
Home Youth and Family Substance Use Disorder Mental Health	Contact Us	Login						
[EXPAND ALL]   [FIND OPENINGS]	Sel	ect Language r (continued) ered by Geogle Translate						

### How to Search

\*Some 24-hour levels of care require login.

#### Steps to search for services:

#### 1. Select the type of service you want to search for.

- a. Select Youth and Family, Substance Use Disorder, or Mental Health at the top.
- b. Click "Find Openings."
- c. The services are listed by their acronyms, and a service description appears in the yellow box. Click [less] to minimize the full service description. \*NOTE: Due to measures taken to increase visibility during the COVID-19 crisis, services that are normally password-locked are currently publicly searchable.

Find openings for providers that offer Youth and Family Services

* Select Service:	TM (Therapeutic Mentoring)
	<ul> <li>Therapeutic Mentoring [less]</li> <li>TM pairs a youth under the age of 21 with an adult mentor. The mentor works with the youth to build and improve their social, communication, and life skills.</li> <li>One-on-one support or coaching helps the youth with problem-solving, social skills, communication, or conflict resolution.</li> <li>The mentor will practice new skills with youth in a safe setting. The practice helps them learn how to use skills in the "real world".</li> <li>Youth must already receive Outpatient Therapy, In-Home Therapy, and/or Intensive Care Coordination. A referral must come from one of those services.</li> </ul>

2. You can change the type of service you are looking for by clicking the "down arrow symbol" in the Search box.

Find openings for providers that offer Youth and Family Services

M (Therapeutic Mentoring)	~
<ul> <li>erapeutic Mentoring [less]</li> <li>TM pairs a youth under the age of 21 with an adult mentor. The ment works with the youth to build and improve their social, communication life skills.</li> <li>One-on-one support or coaching helps the youth with problem-solving skills, communication, or conflict resolution.</li> <li>The mentor will practice new skills with youth in a safe setting. The pr helps them learn how to use skills in the "real world".</li> <li>Youth must already receive Outpatient Therapy, In-Home Therapy, ar Intensive Care Coordination. A referral must come from one of those</li> </ul>	or n, and g, social ractice nd/or
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3. Enter the age of the individual you are searching for.

\* Specify Age:

Age

4. **Select location type.** The drop-down choices are zip code or city.

* Location Type:	Zip Code 🔹
	Zip Code
	City

- a. When searching for Intensive Care Coordination (ICC), only the zip code option will be available.
- b. If you choose zip code, the zip code of the individual's residence should be entered.

* Location Type:	Zip Code 🔹
* Zip Code:	Zip Code Value

c. If you choose city, the city of the individual's residence should be entered.

* Location Type:	City	T
* Massachusetts City:	City Value	

d. Only Massachusetts cities will be accepted. When you start typing the city, a list of cities that start with those letters will appear.

If the letters "Da" are entered, you will see a list of cities that start with "Da." For example, "Da" will show Dalton, Danvers, and Dartmouth.

* Massachusetts City:	Da
	Dalton
	Danvers
	Dartmouth

5. **Select a mile value**. This shows how many miles from your zip code or city that you want to search.



- a. For Children's Behavioral Health Initiative (CBHI) services, the mile value is fixed at 30 to show only local providers. These services will be marked with a red star in the **Youth and Family** page. However, the miles will not be fixed for any of the other services.
- 6. Once you have filled in all of the information, click on the "Search" button.

### **Search Results**

#### IMPORTANT

\*The information displayed in the images is sample data.

\*\*Since the real data is updated by the providers/facilities, please call before going to the facility to confirm details of services and availability.

1. When searching for Emergency Services Program/Mobile Crisis Intervention (ESP/MCI), you will only see the name of the provider and the access phone number.

Results for Emergency Service Provider/Mobile Crisis Intervention (ESP/MCI), age 16, zip code 02108

Boston Medical Center/Boston Emergency Services Team (B.E.S.T.) (800) 981-4357

2. When searching for any other service, two sections will be displayed. You will see a table listing the providers/facilities and a map that shows the provider locations.

#### a. List of providers/facilities

Results for ATS, age 40, zip code 02108 in a 10 miles radius \* Service availability is not guaranteed. Please call before going to facility.

Facility	City	Available Capacity (Openings)	Referral Phone	Comments	Gender	Distance (Miles)	Last Updated
Boston Treatment Center (formerly CAB) - ATS (Adult 18+)	Boston	13		M-7 F-6 UPDATED ON July 19th,2017 AT 1030pm	All	1.55	8 months ago
Arbour-HRI ATS (Adult 18+)	Brookline	2		On inpatient dual diagnosis unit	Male	2.79	8 months ago
Dimock Community Health Center - ATS (Adult 18+)	Roxbury	0			All	5.02	8 months ago
Arbour Hospital ATS (Adult 18+)	Boston	0		On inpatient dual diagnosis unit	All	5.36	8 months ago
Andrew House Boston (Adult 18+)	Jamaica Plain	7		7/20/17 1:00AM SJ	Male	5.36	8 months ago
Phoenix House - ATS (Adult 18+)	Quincy	0		07/20/17 12:30pm LB	Male	6.74	8 months ago

The list can be sorted by clicking the name of the columns in the table (Facility, City, Available Capacity (Openings), Referral Phone, Comments, Gender, Distance (Miles), Last Updated).

To see more information about specific provider/facility, click its name and a details view will be displayed.

oston Treatment C Adult 18+)	enter (formerly CAB) - ATS	Boston	13	M-7 F-6 UPDATED ON July 19th,2017 AT 1030pm	All	1.55	8 months age
FACILITY DETAIL	LS (This information has b	been entered b	y the facility itself. F	Please call to confirm details of services and availability	.)		Close
Boston Treatme 784 Massachus	nt Center (formerly CAB) - etts Ave Boston. MA 02118	ATS					
Referral Phone:		Fax: 617-2	66-3144				
Toll Free: 800-		Website: ne	ebhealth.org				
Ages Served: Services Program	Boston Treatment Cente the use of drugs such as dangerous or even fatal.	r is an acute tr s sedatives, op	eatment facility. Tha iates and alcohol. In	at is, we are a medically monitored detox designed to tra n some cases detoxification is a medical necessity, as u	eat the acute ph ntreated withdr	nysiological effect awal may be medi	s of stopping cally
Insurances Accepted:	Neighborhood Health Pla self-pay	an/Commercia	l, Harvard Pilgrim, N	/ledicare/Medicaid, MBHP (PCC Plan)			
Referral/Intake Options:	Self, Hospital, Social Se	vice Agency					
Specialties:							
Languages:							
Restrictions:							

#### b. Map

The provider/facility addresses will be represented by a red pin on the map. Click on the pins to see the facility information (name and address). There are two ways to locate a specific facility:



#### i. Click the facility name in the list next to the map.

#### ii. Click the "LOCATE IN MAP" link in the details view of the facility.

	Facility	City	Available Capacity (Openings)	Referral Phone	Comments	Gender	Distance (Miles)	Last Updated
HRI Clinics Inc. (Adult 18+)		Woburn	20			All	3.11	Never
FACILITY DETAILS (T LOCATE IN MAP HRI Clinics Inc. 10-I Roessler Rd. Wobu Referral Phone:	en entered by the MA 01801 Fax: 781-305-378	facility itself. Pleas	e call to confirm details of	f services and availabil	ity.)			Close
Toll Free:	Website:							
Ages Served:	Adult 18+							
Services Program:	SOAP							
Insurances Accepted:	Neighborhood Health Plan/Commer	cial, Fallon Commu	nity Health Plan/Commerc	ial, United Behavioral I	Health, Tufts, Harvard Pilgrim, Medicare/Medicaid, MBHP (PCC F	'lan)		
Referral/Intake Options:	Detox, PHP, Court/Legal System, DC	F, Residential, Sobe	r Housing, Inpatient, DOT	EAP, Self, Outpatient,	PCP/Medical			
Specialties:								
Languages:								
Restrictions:								

## **Contact Us Page**

The "Contact Us" page can be accessed by clicking "Contact Us" in the top main menu.



1. The purpose of this page is to give the user a way to communicate with MABHA staff for general questions about this website.

Do not submit personal and/or medical health information using this page.

2. Additionally, facilities can use the Contact Us page to request to be added to the MABHA website by selecting the "Request addition of new facility" option from the "Please contact us for:" dropdown and filling out the displayed form.

Please contact us for:	
General question/concern	•
General question/concern	
Request addition of new facility	

### **Users with Login**

1. Users with a login can find additional instructions after logging in. Click the "Resources" option under the username in the top main menu.

